



Tri-Cities Drop-in Programs for Families with Children

Parent/Caregiver and Child Drop-In Programs			
Baby and Me, Coquitlam	604-944-2500	www.westcoastfamily.org	<i>A drop in program for infants 0 to 12 months and their parents or caregivers. Call or visit the website for scheduling details.</i>
Baby's First Two Years Drop In, Coquitlam	604-933-6166	www.placemaillardville.ca	<i>Free drop in for parents, grandparents and babies 0-2 yrs. Call for scheduling details.</i>
*Circle of Friends Family Resource Program, James Park Elementary Annex, Port Coquitlam	604-931-3400	https://gv.ymca.ca	<i>Free drop in program for parents and caregivers with children aged 0-5 yrs. Call for scheduling details.</i>
*Family Drop-in, Place Maillardville, Coquitlam	604-933-6166	www.placemaillardville.ca	<i>Free program for newborns to 5 years old and their guardians. Call for scheduling details.</i>
*Harbour View Family Resource Program, Coquitlam	604-939-1020	www.step-by-step.ca	<i>Free drop-in for parents/caregivers and their young children birth to 4 years. Call or visit the website scheduling details.</i>
Hlúlú Aboriginal Early Childhood Drop-In Program, Meadowbrook Elementary	604-524-9113	www.sotcs.ca	<i>For children 0-6 whose families have an Aboriginal heritage. Call or visit the website for scheduling details.</i>
*Multicultural Family Drop-in Resource Program, Henderson Place, Coquitlam	604-468-6000	http://www.successbc.ca/eng/services/family/360-multicultural-family-resource-centre	<i>Free parent and tot drop in with services in Cantonese, Mandarin, Korean, and Farsi. Call or visit the website for scheduling details.</i>
New Beginnings: The Tri-Cities Early Years Refugee Project	604-937-3830	www.sharesociety.ca	<i>A program for Government-Assisted Refugee families with children from birth to 5 years who are living in the Tri-Cities.</i>
Old Orchard Play Pals, Port Moody	604-939-1020	www.step-by-step.ca	<i>Free drop-in for parents/caregivers and their young children birth to 4 years. Call or visit the website for scheduling details.</i>
SHARE Clarke Street Family Resource Centre, Port Moody	604-540-9161 or 604-529-5149	www.sharesociety.ca	<i>Free parent participation drop-in for children 5 and under. Call or visit the website for scheduling details.</i>

*SHARE Mountain View Family Resource Centre, Coquitlam	604-540-9161 or 604-529-5149	www.sharesociety.ca	<i>Free parent participation drop-in for children 5 and under. Call for visit the website for scheduling details.</i>
*Tri-Cities Family Place, Victoria Drive, Port Coquitlam	604-945-0048 or 604-942-4672		<i>Drop-in for parents/caregivers and young children. Call for scheduling details.</i>
*Tri-Cities Family Place, Manning Avenue, Port Coquitlam	604-945-0048 or 604-942-4672		<i>Drop-in for parents/caregivers and young children. Call for scheduling details.</i>
Strong Start Centres		www.sd43.bc.ca	
*Birchland Elementary	604-941-3428		<i>Strong Starts are free drop-in early learning program for children aged 0-5 accompanied by a parent or caregiver. There are 13 Strong Start Centres in School District 43.</i>
*Bramblewood Elementary	604-552-0313		
*Cedar Drive Elementary	604-941-3481		
*Central Elementary	604-941-0355		
*Coquitlam River Elementary	604-942-0241		
*Hazel Trembath Elementary	604-941-0571		
*Maillard Middle	604-931-3574		
*Meadowbrook Elementary	604-464-5813		
*Moody Middle	604-461-7384		
*Mundy Road Elementary	604-936-4271		
*Riverview Park Elementary	604-945-7004		
*Roy Stibbs Elementary	604-939-2486		
*Seaview Elementary	604-936-9991		
Coquitlam Parks, Recreation and Culture Services	604-927-4FUN (4386)	www.coquitlam.ca	<i>Park, Recreation and Culture programs have so much to offer families! There are drop-in programs, gyms, pools, skating rinks and much more! Visit their website and see what's available to you and your family!</i>
Port Coquitlam Parks and Recreation	604-927-PLAY (7529)	www.portcoquitlam.ca	
Port Moody Parks and Recreation	604-469-4556	www.portmoody.ca	

**Indicates a participating site of the Tri-Cities Early Years Centre. Supported by the Tri-Cities Early Childhood Development Committee and hosted and coordinated by SHARE Family and Community Services, this network of 20 neighbourhood-based locations offered by several partners ensures that "every door is an open door" for families to find the services they need for their young children. Parents and caregivers with children from birth to age six can get more information, including the locations of the 20 Tri-Cities sites and program schedules, at www.sharesociety.ca and www.tricitysecd.ca.*

For an updated version of this resource visit:

<https://gv.ymca.ca/Programs/Child-Care/Child-Care-Information-and-Referrals>